



CATERING

INDIVIDUAL MEALS

*8 Item Minimum

SALADS \$9.99

Seared Filet Tip Salad
Cajun Shrimp Salad
Buffalo Chicken Salad
Chicken Cobb Salad

WRAPS \$9.99

Chicken Pesto Wrap
Roast Beef Wrap
Turkey BLT Wrap
Chicken Salad Wrap
Fiesta Chicken Wrap



A LA CARTE

*8 Person Minimum

BREAKFAST

Red Skin Potato Hash \$2.50
Sweet Potato Hash \$2.50
Southwest Scrambled Eggs \$3.50
Turkey Sausage (2) \$2
Bacon Gruyere Egg Bites (2) \$5
Red Pepper Egg White Bites (2) \$5
Breakfast Burrito \$6
Mixed Fruit Cup \$5

PROTEINS

Pesto Salmon \$7
Chicken Parmesan \$6
Peruvian Grilled Chicken \$7
Tandoori Grilled Chicken \$7
Sliced Bistro Steak* \$8
Garlic herb roasted Tofu \$4
Vegan Bolognese \$5
Roasted Falafel (2) \$3

VEGETABLES

Roasted Brussels Sprouts \$3
Roasted Summer Vegetables \$3.25
Sautéed Green Beans \$3.25
Spicy Garlic Sautéed Broccoli \$3
Roasted Cauliflower \$3

*Choice of Horseradish Sauce or Salsa Verde



PASTA \$6

Louisiana Cajun Pasta
Tequila Lime Penne Pasta
Penne in Tomato Basil Sauce
Penne alla Vodka

STARCHES

Roasted Sweet Potatoes \$5
Cilantro Basmati Rice \$5
Steamed Brown Rice \$3.50
Steamed Wild Rice \$3.50

SALADS \$6

Mediterranean Salad
Caesar Salad
Walnut and Goat Cheese Salad
Bacon and Blue Cheese Salad

Add-ons for Pasta and Salads

Turkey Meatballs \$4
Roasted Chicken Bites \$5
Seared Filet Tips \$7
Cajun/Garlic Shrimp \$6
Herb Roasted Tofu \$4

Desserts: Cookie \$2.50 | Brownie -\$2.50

★ DELIVERY & SETUP

- \$3/per person
- No setup fee after \$1000
- Delivery is free within 10 miles otherwise it is \$35

Setup includes: Plates, utensil kits, serving utensils, sternos, chafing dishes, chafing stands, and to-go containers for any extras

★ LUNCH & LEARN

- Registered Dietician or Nutritionist
- Speaks to Employees about Health and Wellness Topics
- Provides knowledgeable information and credibility
- Ability to work with RD post-wellness event

Lunch and Learn Fee: \$1,000



Get started at: mightymeals.com/catering

(833) 40-MEALS